

Rick (L) Frowyn

Letter of applying for position at JJEU Board

To : Mr. Robert Perc, President JJEU
Sender : Mr. Rick Frowyn
Date : 31st of August 2025
Concerns : Letter of intention of Rick (L) Frowyn

Dear mister Perc,

Please find hereby my letter of intention to do the job as General Secretary for the period 2025 - 2029.

Letter of Intention

Dear Members of the Ju-Jitsu Community,

With this letter, I would like to express my intention to continue contributing to the growth, unity, and future development of Ju-Jitsu in Europe and worldwide.

Over the past nine years, I have had the honour to serve as the General Secretary of the JJEU. During this time, and under my supervision, we achieved remarkable progress:

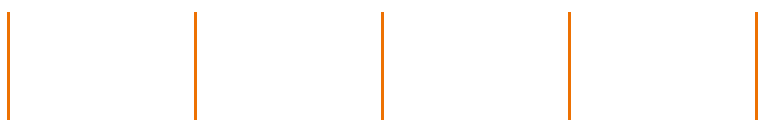
We doubled the number of participants in our European Championships.

We doubled the number of events across Europe, creating more opportunities for athletes and federations.

We actively contributed to JJIF seminars, sharing knowledge and supporting development.

I worked intensively to establish Jiu-Jitsu NoGi in our official program. Today, it is recognized as a ranking category, and we have already successfully organized two European Championships in this discipline.

These achievements were possible thanks to strong teamwork, determination, and the shared belief that our sport can always reach higher levels.





Looking forward, I strongly believe that success lies in cooperation. I am committed to working in good harmony with my colleagues from the board, with our appointed commissioners, and most importantly with all national federations and their representatives. Only by building on mutual respect and partnership can we continue to develop Ju-Jitsu for everyone.

It is essential that we remain aware of and preserve the strength of all three of our disciplines: Fighting, Duo, and Newaza. This balance is our tradition, our identity, and the key to our inclusiveness. For thousands of Europeans and countless athletes worldwide, Ju-Jitsu is more than a sport—it is a source of joy, happiness, and friendship.

At the same time, we must embrace change and innovation. Today's society evolves rapidly, and our sport must keep pace to stay relevant and attractive to the next generations. My goals include:

Organizing high-level competitions, tournaments, and European Championships that inspire athletes and spectators alike.

Working with my colleagues to secure Ju-Jitsu's participation in the European Olympic Committee's European Games and in the Masters Games.

Expanding JJEU by activating non-participating countries in Europe.

Developing more activities for recreational Ju-Jitsu practitioners, so that the joy of our sport is accessible beyond elite athletes.

Finally, I am convinced that our sport will grow stronger through close collaboration with other Continental Federations and the JJIF, ensuring that Europe contributes actively to the global Ju-Jitsu movement.

With dedication, cooperation, and vision, I am determined to continue building on what we have achieved and to guide Ju-Jitsu toward a bright and sustainable future.

Respectfully,

Best regards,
Rick (L) Frowyn